|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **1** | **Player name** | **Player name** | **Player name** | **Player name** |
| **2** |  |  |  |  |
| **3** |  |  |  |  |
| **4** |  |  |  |  |
| **5** |  |  |  |  |
|  |  |  |  | **Half Time** |
| **1** |  |  |  |  |
| **2** |  |  |  |  |
| **3** |  |  |  |  |
| **4** |  |  |  |  |
| **5** |  |  |  |  |

If your planned rotation changes because of last minute situations (players being sick or not showing up,) notify the scorers table and do your best to adhere to the equal playing time per the rotation guidelines on this sheet****

**Date**:\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Player Name** | **Total Minutes** | **Player Name** | **Total Minutes** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Player Participation & Substitution Rules**

**----------------------------------------------------------------------------------------------------------------------------------------------------------------**

Substitution rules apply to leagues for grades 3-7 only.

It is mandatory to substitute every five minutes regardless of the number of players on your team. When the substitution time out occurs, you must clear your bench unless you have eleven players.

No substitution will be made at any other time unless an injury occurs or a player fouls out. You cannot substitute during timeouts unless a player is injured or fouls out. If that occurs, you must notify the referee that you are doing so. Failure to substitute according to the rules can result in a technical foul.

For teams with ten players, the following playing time will be used:

All players will play 20 minutes

For teams with nine players, the following playing time will be used:

Five players will play 20 minutes

Four players will play 25 minutes (if you consistently have nine players, it is required that who gets the 25 minute playing time

will be distributed evenly over the course of the season alternating from game to game )

For teams with eight players, the following playing time will be used:

Each player will play 25 minutes

For teams with seven players, the following playing time will be used:

Five players will play 30 minutes

Two players will play 25 minutes

For teams with six players, there will be some flexibility with normal substitution rules as worked out before the game with the referees and opposing coach.

It is highly recommended to work out your substitution pattern in advance of game time to eliminate having to make judgments in the heat of the game that may or may not be accurate.

Failure to comply with these rules can result in the forfeiture of the game and possible suspension for the coach if intentional.

\*\*\*In case of overtime, you may play any 5 players.